

Cherie Snyder

Cherie is a graduate of Dickinson College in Carlisle, Pennsylvania with a major in history and sociology. She received her master's degree in Social Work, specializing in community development, from the Bryn Mawr School of Social Work in 1974 and a master's degree in Social Gerontology from the University of Pennsylvania in 1984.

From 1987-2021, she was a Professor of Human Service and Integrative Health at Allegany College of Maryland (ACM) and now, while retired from her full-time teaching position, continues to teach gerontology and mind/body skills as an adjunct. As a professor at ACM, she shares her love of history, social justice, and advocacy for women with her students, both in the classroom and frequent road trips to historical sites.

Prior to coming to ACM, Cherie served for 10 years as the Director of the Multi Service Center for Aging (MSCP), a comprehensive community-based program for older adults in Philadelphia, Pennsylvania. One of her favorite projects while living in Philadelphia was conducting an oral history project in the East Falls community where she lived. In addition, Cherie worked for nine years as a weekend guide at the Philadelphia Museum of Art, specializing in family tours and Early American life.

Cherie is certified in mind/body medicine with the Center for Mind/Body Medicine in Washington DC and is one of their senior faculty members providing training both nationally as well as in Haiti after the 2010 earthquake. For the past 20 years she has worked to bring the Center's model of self-care, self-awareness, and group support to Western Maryland with the goal of using the evidence-based approaches to address historical trauma while developing a culture of wellness and resilience in the Appalachian region of Western Maryland.

Cherie lives in Frostburg, MD and has four adult children and four beloved little grandchildren. Passionately committed to women's history, particularly to the stories of everyday women whose courage, resilience, and strength provided the backbone for our country, she loves the mountains and snow of Western Maryland, camping, reading, history, needlework, old houses, quilting, antiques, and guinea pigs.

She is currently researching the lives of seven Allegany County women who were active in the suffrage movement and hopes that bringing their stories to life will inspire others to believe that "failure is impossible" (Susan B. Anthony) when passion and patience are applied to one's dreams.