

# MARYLAND WOMEN'S HERITAGE TRAIL



## Introduction

### OVERVIEW

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Even before Maryland was a state, Native American women and women who came here from many nations provided the strength that nurtured our families, sustained our health, plowed our fields, invented our everyday tools, and built our communities and institutions. This year's Maryland Women's Heritage Trail Resource Kit was created to honor courageous foremothers, the famous women and the unsung heroines in each of our homes and communities. It is important to assure that their daily contributions and tremendous achievements of the past and present are acknowledged.

Follow the footsteps along the Heritage Trail and wander the paths where pioneering Maryland women have built our State throughout our history. Follow this trail of tales and learn about the contributions made by diverse women throughout Maryland – from the women who worked the land in Southern Maryland, to the waterwomen on the Eastern Shore, to the craftswomen of Western Maryland, to the civil rights activists of Baltimore and Central Maryland, to the scientists, artists, educators, writers, athletes, business, civic and religious leaders in every region and community. Learn about women who inhabited the land 12,000 years ago, women who were enslaved and brought to Maryland against their will, women who came to Maryland from hundreds of countries around the world over many centuries, and women of many different cultural, ethnic, racial, religious, economic, and social backgrounds.

As you visit sites along the Heritage Trail you will meet coal miners and canal lockkeepers, suffragists and community activists, farm women and factory workers, authors and musicians, abolitionists and leaders of the Underground Railroad, grassroots organizers and elected officials, restorers and preservers of historical sites and museums, nurses and astronauts, teachers and founders of schools, visionaries and social reformers.

Museums, markers, statues, memorials, shrines, restored homes and historical parks will introduce you to women of strength and achievement. Follow in these women's footsteps to honor grandmothers, mothers, aunts, cousins, sisters, and daughters as you celebrate the lives of Maryland women of past generations and women who continue to shape our society.



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## FORMAT

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The Maryland Women's Heritage Trail Resource Kit consists of a *Guidebook* and *Poster Map*. The *Guidebook* contains annotated listings of representative historic sites related to contributions of Maryland women across the state; suggested activities for classrooms, libraries, and community groups; and a resource directory. Sites listed in the *Guidebook* are keyed by location to correspond with specific lettered and numbered locations on the *Poster Map*.

The *Poster Map* is color coded to mark five Maryland geographic regions, as follows:

**Western Maryland Region** – Allegany, Frederick, Garrett, and Washington Counties

**Capital Region** – Howard, Montgomery, and Prince George's Counties

**Central Maryland Region** – Baltimore City; Anne Arundel, Baltimore, Carroll, and Harford Counties

**Southern Maryland Region** – Calvert, Charles, and St. Mary's Counties

**Eastern Shore Region** – Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, and Worcester Counties

## USAGE

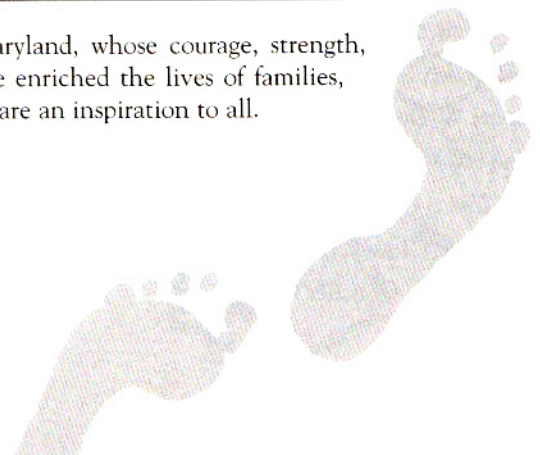
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The *Poster Map* and *Guidebook* are intended for use by schools and communities to raise awareness of the rich legacy of Maryland women's accomplishments. The sites identified are only a sampling of the many places throughout Maryland that reflect women's contributions. Students and community members are encouraged to do additional research to identify local women who have made a difference in our lives.

## DEDICATION

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The Heritage Trail is dedicated to the diverse women of Maryland, whose courage, strength, creativity, compassion, leadership, vision, and persistence have enriched the lives of families, communities, and institutions in our state. Their contributions are an inspiration to all.





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## Acknowledgements

In addition to the Maryland Women's Heritage Trail Planning Committee, the individuals and organizations listed below provided invaluable assistance in identifying and researching sites and in developing project activities.

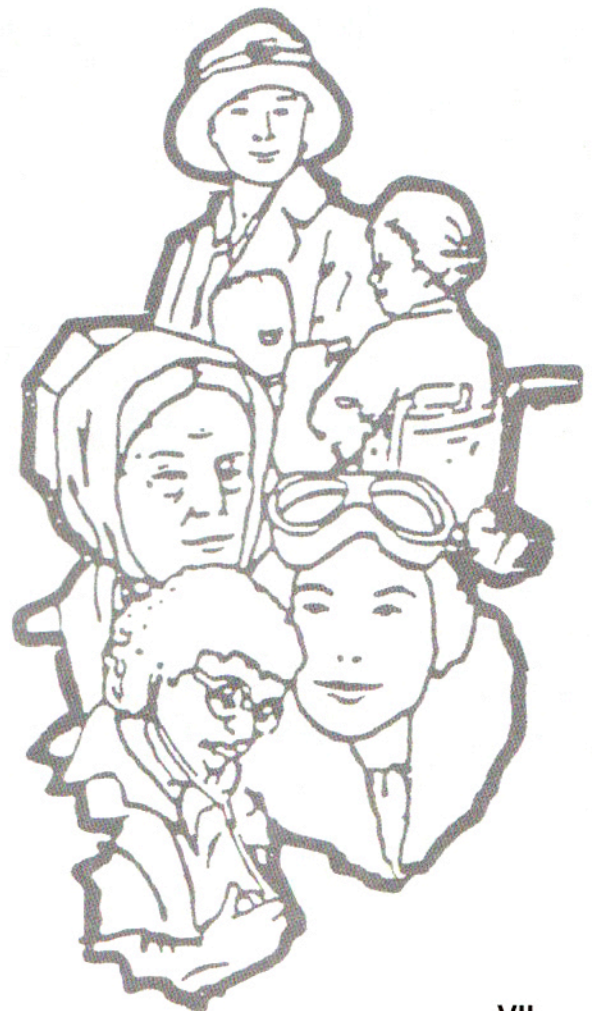
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# Celebrate Maryland Women

## Join us and travel the Heritage Trail

